

EXECUTIVE COACHING

Overview Senior Managers and Executives are often overlooked and it is assumed that they do not need training and developmental support. An independent and confidential coach can often stimulate and challenge in such a way as to enable the Manager to improve their own performance and that of the business.

We will work with your people to help them identify and change any barriers which prevent them from personal and business achievement. We provide effective support, a fresh pair of eyes, broad experience and alternative views which helps you look at the bigger picture from a different point of view.

Executive Coaching provides :

- Fast, discreet sharing and transfer of knowledge and skills
- Personal and career development
- Objective feedback needed to nourish individual growth
- The skills, knowledge and attitude to deliver increased business results

A quote from a senior manager in the health industry . . .

“Thank you for a really good first session. I must say I was somewhat sceptical as I could not see how this was going to work but I left a changed woman !”

Content Executive Coaching engages with people in customised ways which acknowledge and honour their individuality. For this reason, each coaching session is tailored to the individual Senior Managers and Executives needs. Content is varied and is designed to help the coachee produce enhanced business results for their employers. This may include personal impact, change management, dealing with difficult relationships, influencing others, etc.

Duration Executive coaching consists of highly personal one-to-one interventions between coaches and senior executives and usually lasts several months with a typical relationship of 6 months

Location Flexible – mixture of face to face, telephone and / or e-mail contact dependent on personal preferences.



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