

High Performance Teams

Overview This is an interactive programme considering the best practice, principles and concepts in building high performance teams.

High-level aims are to :

- Discuss the benefits of Teamwork.
- Consider the key characteristics of High Performing Teams.
- Improve morale, relationships and communication.
- Improve Team Performance

Interactive content with strong focus on delegate contribution and work based practical application of key learning's.

Content Benefits of Teams and Teamwork
Characteristics of high performing teams
Growth and development
Team roles and preferences
Team member skills
Barriers to teamwork
Motivation and Support
Identifying and managing conflict
Collaboration and Co-operation
Communicating with the team
Sharing and solving problems
Sharing expectations
The empowered Team
Dealing with Change
Review and Commitments

Activities cover : Pre and post course delegate activity

Duration 2 Days

Location Flexible



www.exploretraining.co.uk

Telephone: 01925 264461 Mobile: 07790 791480 [24 hours]
email: enquiries@exploretraining.co.uk